



19<sup>th</sup> March 2020

Dear Villager

Coronavirus: Covid-19

General Advice and signposting :

Meals can be delivered from the following pubs :

- The Hoops 01763 244990
- Waggon and Horses, Steeple Morden 01763 853311

Take away menu from The Belle 01763 250921

Shopping can be ordered and delivered from:

- Bury Lane : 01763 260418 (e mail [deliveries@burylanefarmshop.couk](mailto:deliveries@burylanefarmshop.couk))
- Sara's Farm Shop 01763 852376

And HelpGroup : 07496 084509 or

[bassingbournhelpers@gmail.com](mailto:bassingbournhelpers@gmail.com) Claire Ives

*Concerns : County Cllr Susan Van de Ven : 07905325574 - [susanvandeven5@gmail.com](mailto:susanvandeven5@gmail.com)*

The Parish Council along with community spirited volunteers would like to ensure that everyone has access to information and support. We especially need to all help the most at risk groups i.e. anyone

- Over the age of 70
- Who is pregnant
- With some underlying health conditions

**DO YOU NEED HELP:**

- Shopping ordered and/or collected ?
- Would you like someone to phone you for a chat ?
- Animal care such as dog walking or collection of animal food ?
- Posting mail – or delivering repeat prescription forms ?
- Urgent supplies ?
- Anything else .....

OR

**CAN YOU OFFER HELP:**

It may be that the vulnerable villagers or those who have had to self-isolate need your help. Can you either offer:-

- A regular phone call
- To collect shopping
- To dog walk
- Anything else .....

We are also fortunate to be served by Royston and District Community Transport – but the group is about to lose 80% of their drivers due to the government restrictions on people over aged 70, and need new volunteers from this area. They offer prescription and shopping trips for elderly and isolated (drivers are DBS checked and receive reimbursement for fuel). Are there any younger volunteers with their own car who could help ? For more information or to use the service please call **01763 245228**.

### *MORE INFORMATION AND ADVICE:*

#### **PROTECT YOURSELF & OTHERS FROM CORONAVIRUS**

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- avoid close contact with people who have symptoms of coronavirus

Cambridgeshire County Council's website contains up-to-date information from the NHS and Public Health England: [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk)

Other useful telephone numbers :

- a) AGE UK helpline 0300 666 9860 - if you are concerned about volunteers/scammers
- b) Please do not go into the Village Pharmacy if you have to self-isolate for 14 days. If you need help or advice you can phone on 01763 250660.

And remember **BE KIND**

Being kind will make a big difference to people who are testing positive for the virus, are self-isolating, or are simply really worried about the impact of the virus. Please encourage others to be mindful with comments and actions, so as not to cause undue concern or anxiety within your community.

And beware – the Police report that as always there are SCAMMERS out there !!

Val Tookey on behalf of your Parish Council

[www.bassingbourn.org](http://www.bassingbourn.org)