

Want to get out and about? Looking for activities and services?



Ask your local Community Navigator

We all want to remain independent at home for as long as possible, and there is support available to help, but finding what you need when you need it can be very difficult.

Your local Community Navigator can help.

Community Navigators are friendly local people who can help you to find the activities and services you may need or want.

**Contact us now and we will put you in touch
with a local Community Navigator**

Telephone: 01954 212100

**Community
Navigators**

Routes to activities and services

